

**Barnet Cophall Swimming Club 50s Sprint Meet – 15<sup>h</sup> January 2006****Event 1 Girls 9 Year Olds 50 SC Meter Butterfly**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Harumi Yagi	9	Barnet Cophall	41.85	39.29
2	Sarah Harrington	9	Ruislip Northwood Swim Squad	43.00	41.26
3	Hannah Gregory	9	Teddington	43.61	42.06
4	Kate Wilson	9	Ruislip Northwood Swim Squad	45.00	43.36
5	Christie Bays	9	Stevenage	46.90	44.56
6	Holly Esson	9	Ruislip Northwood Swim Squad	47.59	44.95
7	Jenny Hirst	9	Ruislip Northwood Swim Squad	47.91	45.19
8	Fiona McAndrew	9	Ruislip Northwood Swim Squad	47.00	46.18
9	Alicia Barnett	9	Barnet Cophall	57.54	49.40
10	Zoe Bozzard-Hill	9	Teddington	53.07	51.73
11	Cara Yates	9	Barnet Cophall	56.59	57.00
12	Emma-Jane Betts	9	Barnet Cophall	1:15.00	1:06.67
13	Amaara Dudhia	9	Barnet Cophall	1:12.98	1:13.13
---	Sophie Peet	9	Barnet Cophall	1:12.43	DQ
---	Mackenzie Rigby	9	City of St Albans	57.43	DQ
---	Jessie McCabe	9	Barnet Cophall	1:15.00	DQ
---	Ashleigh Kirs	9	Barnet Cophall	55.00	SCR

**Event 1 Girls 10 Year Olds 50 SC Meter Butterfly**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Megan Boldison	10	Barnet Cophall	37.45	35.68
2	Madeleine Tichborne	10	Barnet Cophall	41.91	39.38
3	Nicola Burlingham	10	Barnet Cophall	43.20	39.77
4	Olivia Simmons	10	Ruislip Northwood Swim Squad	44.00	39.87
5	Megan Louise Davies	10	Barnet Cophall	48.72	43.70
6	Emily Dean	10	Barnet Cophall	45.04	43.81
7	Sinead Reading	10	City of St Albans	46.91	45.68
8	Chloe Kearns	10	Ruislip Northwood Swim Squad	57.79	45.82
9	Kristina Smith	10	City of St Albans	50.18	46.42
10	Abigail Smith	10	Hertsmere Flyers	46.99	46.53
11	Jessica Devey	10	Barnet Cophall	52.59	46.92
12	Siobhan Styles	10	Ruislip Northwood Swim Squad	45.00	47.95
13	Lucy Theobald	10	Potters Bar	52.61	49.51
14	Saniya Bandey	10	Barnet Cophall	1:02.86	50.39

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15	Nina Harding	10	Teddington	1:00.54	54.66
16	Olivia Harpley	10	Barnet Cophall	1:06.59	55.15
17	Stephanie Moyles	10	Barnet Cophall	58.84	55.17
18	Ciara Scott	10	City of St Albans	58.36	55.70
19	Molly Hogan	10	Barnet Cophall	1:15.00	1:02.20
20	Esme Dove	10	Barnet Cophall	1:15.00	1:02.53
---	Risa Kobayashi	10	Barnet Cophall	46.75	DQ
---	Angelina Filippone	10	Barnet Cophall	54.00	SCR

**Event 1 Girls 11 Year Olds 50 SC Meter Butterfly**

	Name	Age	Team	Seed Time	Finals Time
1	Georgia Jackson-Virk	11	Barnet Cophall	38.73	36.90
2	Carina Bays	11	Stevenage	45.10	38.30
3	Jo-Anne Zambelli	11	Barnet Cophall	40.09	38.31
4	Katie Lightowler	11	City of St Albans	39.79	39.20
5	Gahyee Lee	11	City of St Albans	38.17	39.51
6	Jessica Karp	11	Barnet Cophall	47.11	40.54
7	Holly Winfield	11	City of St Albans	44.33	40.72
8	Katie King-Davies	11	City of St Albans	43.74	42.20
9	Grace Coventry	11	Stevenage	50.82	43.84
10	Lauren Yates	11	Barnet Cophall	48.50	44.37
11	Bethanni McCabe	11	Ruislip Northwood Swim Squad	50.50	45.14
12	Grace Simmons	11	City of St Albans	45.51	45.30
13	Robyn Hammond	11	Ruislip Northwood Swim Squad	50.50	46.87
14	Abigail Sharples	11	City of St Albans	52.67	46.95
15	Lianne Griffiths	11	Ruislip Northwood Swim Squad	50.20	47.49
16	Hannah Kendall-Troughton	11	Barnet Cophall	48.18	48.29
17	Marina Ricciarelli	11	Ruislip Northwood Swim Squad	51.00	50.17
18	Christine Oponyo	11	Barnet Cophall	1:11.22	1:01.29
---	Heather Gibbons	11	Ruislip Northwood Swim Squad	54.43	DQ
---	Sofie Cacoyannis	11	Barnet Cophall	1:13.49	SCR
---	Sophie Masters	11	Ruislip Northwood Swim Squad	38.50	SCR
---	Georgina Donohoe	11	Forward Hillingdon	54.82	SCR

**Event 1 Girls 12 Year Olds 50 SC Meter Butterfly**

	Name	Age	Team	Seed Time	Finals Time
1	Lauren Chapple	12	Barnet Cophall	30.20	31.00

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2	Alice Pearson	12	Barnet Cophall	35.73	34.65
3	Philippa Hardy	12	Barnet Cophall	35.97	35.17
4	Sophie Connor	12	Potters Bar	34.85	35.19
5	Chloe Bingham	12	Ruislip Northwood Swim Squad	39.00	36.45
6	Ella Harding	12	Teddington	38.21	37.28
6	Charlotte Henson	12	City of St Albans	37.24	37.28
8	Tria Lawrence	12	Ruislip Northwood Swim Squad	42.39	38.52
9	Tara Mead	12	Ruislip Northwood Swim Squad	40.66	42.22
10	Jutikan Konguanruan	12	Ruislip Northwood Swim Squad	38.50	42.25
11	Louise Hughes	12	Stevenage	43.00	43.20
12	Lauren Rigby	12	City of St Albans	47.19	43.66
---	Rachel Morton	12	Barnet Cophall	49.01	SCR

**Event 1 Girls 13 Year Olds 50 SC Meter Butterfly**

	Name	Age	Team	Seed Time	Finals Time
1	Polly Kemp-King	13	Hounslow Hurricanes	34.02	33.26
2	Lottie Hudson	13	Barnet Cophall	34.25	33.52
3	Emily Dempsey	13	Stevenage	38.06	38.82
4	Rosa Lewis	13	Barnet Cophall	41.78	38.85
5	Maxine Moore	13	Stevenage	40.59	43.50
6	Charlotte Bays	13	Stevenage	47.30	45.88
---	Jessica Jackson-Virk	13	Barnet Cophall	37.72	SCR

**Event 2 Boys 9 Year Olds 50 SC Meter Butterfly**

	Name	Age	Team	Seed Time	Finals Time
1	Liam Doonan	9	Stevenage	50.21	43.86
2	Henry Jukes	9	Ruislip Northwood Swim Squad	48.42	46.66
3	Matt Condor	9	Ruislip Northwood Swim Squad	44.00	47.23
4	David Spicer	9	Stevenage	55.06	47.56
5	George Sadler	9	Ruislip Northwood Swim Squad	55.00	48.30
6	Jamie Richter	9	Barnet Cophall	56.46	51.22
7	Alan Goodman	9	Barnet Cophall	1:15.00	58.31
---	Josh Pointer	9	Barnet Cophall	1:15.00	DQ
---	Dino Selmanovic	9	Barnet Cophall	1:15.00	DQ
---	Michael Georgiou	9	Barnet Cophall	1:15.00	DQ
---	Arash Mokaram	9	Barnet Cophall	59.91	DQ

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---	Angus King-Davies	9	City of St Albans	55.68	DQ
---	Irfan Kapadia	9	Barnet Cophall	1:15.00	DQ
---	Ben Lewis	9	Forward Hillingdon	1:03.76	SCR

**Event 2 Boys 10 Year Olds 50 SC Meter Butterfly**

	Name	Age	Team	Seed Time	Finals Time
1	Thomas Worbey	10	Stevenage	44.63	41.68
2	Edward Walker	10	Ruislip Northwood Swim Squad	44.38	42.23
3	Lucas Navarro	10	Ruislip Northwood Swim Squad	44.86	42.36
4	Adrian Schindler	10	Barnet Cophall	45.72	45.50
5	Younho Lee	10	City of St Albans	54.59	45.65
6	Shalin Gor	10	Barnet Cophall	58.93	47.29
7	Jack Jarrett	10	Stevenage	53.00	47.75
8	Sebastian Feszczur-Hatchett	10	Barnet Cophall	50.14	47.95
9	Curtis Coleman	10	Barnet Cophall	49.32	48.50
10	Joe Jackson	10	Barnet Cophall	54.05	53.78
---	Luke Ames	10	Stevenage	59.00	DQ
---	Jordan Scott	10	Barnet Cophall	1:15.00	SCR
---	David Phillips	10	Barnet Cophall (Aspire)	1:15.45	SCR
---	Sam Lewis	10	Forward Hillingdon	59.65	SCR
---	Joseph Simmonds	10	Barnet Cophall	1:15.00	SCR

**Event 2 Boys 11 Year Olds 50 SC Meter Butterfly**

	Name	Age	Team	Seed Time	Finals Time
1	Naoki Takeda	11	Barnet Cophall	33.77	31.50
2	Edward Allchorne	11	Barnet Cophall	33.38	31.93
3	Oliver Keegan	11	Barnet Cophall	34.94	33.42
4	Jay Munkley	11	Hertsmere Flyers	39.26	37.58
5	Michael Fernandes	11	Barnet Cophall	38.25	38.53
6	Luke Condor	11	Ruislip Northwood Swim Squad	40.84	39.24
7	Miran Shah	11	Hertsmere Flyers	41.50	40.73
8	Aron Barta	11	Barnet Cophall	47.24	43.37
9	Jonathan Ballard	11	Forward Hillingdon	46.70	44.01
10	Henry Yau	11	Barnet Cophall	52.00	44.55
11	Akil Philip-Forde	11	Barnet Cophall	49.06	47.71
12	Robert Pope	11	Barnet Cophall	56.75	47.93
13	Hugo Cliff	11	Barnet Cophall	49.21	48.09

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14	Manasseh Lai	11	Barnet Cophall	1:15.00	51.06
---	Lawrence Hall	11	City of St Albans	50.15	DQ
---	Navid Moman	11	Barnet Cophall	1:01.72	DQ
---	Matthew Costello	11	Stevenage	47.40	DQ
---	Ben Hales	11	Barnet Cophall	1:15.00	DQ
---	Joshua Gaventa	11	Barnet Cophall	56.77	SCR

**Event 2 Boys 12 Year Olds 50 SC Meter Butterfly**

	Name	Age	Team	Seed Time	Finals Time
1	Ghasem Fathi	12	Barnet Cophall	34.88	33.65
2	Michael Proctor	12	Ruislip Northwood Swim Squad	39.00	35.75
3	Marco Navarro	12	Ruislip Northwood Swim Squad	35.99	36.47
4	Michael Pope	12	Barnet Cophall	46.01	36.59
5	Jonathon Earp	12	Stevenage	39.07	36.81
6	Russell Heath	12	Ruislip Northwood Swim Squad	36.93	37.23
7	Kim Lam Liu	12	Barnet Cophall	39.75	37.36
8	Steven Fish	12	Ruislip Northwood Swim Squad	37.96	38.70
9	Jamie Riley	12	Ruislip Northwood Swim Squad	41.41	40.57
10	Lewis Taylor	12	Potters Bar	41.30	40.80
11	Thomas Dean	12	Potters Bar	40.36	41.31
12	Sean Yip	12	Barnet Cophall	48.27	41.51
---	Tom Marsland	12	Stevenage	48.00	DQ
---	Jamie Lewis	12	Forward Hillingdon	50.69	SCR

**Event 2 Boys 13 Year Olds 50 SC Meter Butterfly**

	Name	Age	Team	Seed Time	Finals Time
1	Charlie Boldison	13	Barnet Cophall	30.00	30.57
2	Josh Eddon	13	Barnet Cophall	36.01	32.49
3	James Creager	13	Barnet Cophall	34.94	32.81
4	Alex Jessop	13	Barnet Cophall	37.39	34.04
5	Lee Evans	13	Barnet Cophall	36.65	34.20
6	Shaun Dempsey	13	Stevenage	36.00	34.33
7	Matthew Henson	13	City of St Albans	40.32	35.48
8	Devansh Gor	13	Barnet Cophall	42.05	38.64
9	Rory Scott	13	City of St Albans	44.26	39.27
10	Joel Sands	13	Barnet Cophall	42.05	41.30

**Barnet Cophall Swimming Club 50s Sprint Meet – 15<sup>h</sup> January 2006****Event 3 Girls 9 Year Olds 50 SC Meter Backstroke**

	Name	Age	Team	Seed Time	Finals Time
1	Harumi Yagi	9	Barnet Cophall	42.23	40.79
2	Kate Wilson	9	Ruislip Northwood Swim Squad	44.10	42.21
3	Hannah Gregory	9	Teddington	53.70	43.83
4	Holly Esson	9	Ruislip Northwood Swim Squad	49.12	44.17
5	Sarah Harrington	9	Ruislip Northwood Swim Squad	44.00	44.33
6	Charlotte Norman	9	Ruislip Northwood Swim Squad	49.00	46.08
7	Christie Bays	9	Stevenage	47.29	46.16
8	Fiona McAndrew	9	Ruislip Northwood Swim Squad	50.04	46.44
9	Zoe Bozzard-Hill	9	Teddington	45.90	46.57
10	Alicia Barnett	9	Barnet Cophall	52.93	47.08
11	Andrea Marshall	9	City of St Albans	50.41	48.55
12	Jenny Hirst	9	Ruislip Northwood Swim Squad	53.28	49.49
13	Mackenzie Rigby	9	City of St Albans	53.71	50.24
14	Georgia Hazel	9	Stevenage	58.00	52.50
15	Sophie Peet	9	Barnet Cophall	1:02.24	53.73
16	Samantha Burt	9	Potters Bar	56.00	54.32
17	Cara Yates	9	Barnet Cophall	59.97	54.35
18	Emma-Jane Betts	9	Barnet Cophall	1:05.00	56.93
19	Amaara Dudhia	9	Barnet Cophall	57.63	58.14
20	Jessie McCabe	9	Barnet Cophall	1:05.00	58.61
---	Ashleigh Kirs	9	Barnet Cophall	52.25	SCR

**Event 3 Girls 10 Year Olds 50 SC Meter Backstroke**

	Name	Age	Team	Seed Time	Finals Time
1	Madeleine Tichborne	10	Barnet Cophall	41.29	38.81
2	Nicola Burlingham	10	Barnet Cophall	41.29	39.86
3	Megan Boldison	10	Barnet Cophall	40.24	40.32
4	Risa Kobayashi	10	Barnet Cophall	43.74	40.61
5	Megan Louise Davies	10	Barnet Cophall	42.33	40.67
6	Jessica Devey	10	Barnet Cophall	43.11	41.80
7	Emily Dean	10	Barnet Cophall	41.50	42.76
8	Sinead Reading	10	City of St Albans	43.57	43.37
9	Siobhan Styles	10	Ruislip Northwood Swim Squad	45.09	43.63
10	Chloe Beard	10	City of St Albans	49.98	43.66

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11	Chloe Kearns	10	Ruislip Northwood Swim Squad	44.92	44.42
12	Hathaikan Kongaunruan	10	Ruislip Northwood Swim Squad	45.19	44.45
13	Kristina Smith	10	City of St Albans	44.18	45.17
14	Saniya Bandey	10	Barnet Cophall	48.21	46.63
15	Lucy Theobald	10	Potters Bar	50.30	48.08
16	Abigail Smith	10	Hertsmere Flyers	48.53	50.40
17	Sona Shah	10	Hertsmere Flyers	53.72	50.42
18	Nina Harding	10	Teddington	51.32	52.15
19	Molly Hogan	10	Barnet Cophall	1:05.00	52.69
20	Olivia Harpley	10	Barnet Cophall	54.55	52.88
21	Ciara Scott	10	City of St Albans	59.82	53.20
22	Gemma Stanbrook	10	Potters Bar	58.18	53.94
23	Esmé Dove	10	Barnet Cophall	1:05.00	55.22
---	Grainne McSweeney	10	Barnet Cophall (Aspire)	58.77	SCR
---	Angelina Filippone	10	Barnet Cophall	49.23	SCR

**Event 3 Girls 11 Year Olds 50 SC Meter Backstroke**

	Name	Age	Team	Seed Time	Finals Time
1	Jo-Anne Zambelli	11	Barnet Cophall	39.70	38.19
2	Georgia Jackson-Virk	11	Barnet Cophall	38.62	39.49
3	Jessica Karp	11	Barnet Cophall	44.80	40.00
4	Katie Lightowler	11	City of St Albans	44.25	40.24
5	Lauren Yates	11	Barnet Cophall	49.69	40.81
6	Amanda Healy	11	Potters Bar	41.73	41.66
7	Abigail Sharples	11	City of St Albans	43.56	42.54
8	Heather Gibbons	11	Ruislip Northwood Swim Squad	43.75	42.90
9	Robyn Hammond	11	Ruislip Northwood Swim Squad	42.49	43.38
10	Grace Simmons	11	City of St Albans	43.79	43.55
11	Holly Winfield	11	City of St Albans	46.13	44.12
12	Bethanni McCabe	11	Ruislip Northwood Swim Squad	46.00	45.52
13	Grace Coventry	11	Stevenage	43.79	45.64
14	Lianne Griffiths	11	Ruislip Northwood Swim Squad	46.10	45.82
15	Marina Ricciarelli	11	Ruislip Northwood Swim Squad	44.00	46.05
16	Hannah Kendall-Troughton	11	Barnet Cophall	46.94	46.15
17	Chantelle Nolte	11	Stevenage	51.00	48.54

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18	Christine Oponyo	11	Barnet Cophall	52.28	52.88
19	Anushka Patel	11	Barnet Cophall (Aspire)	56.08	55.10
---	Carina Bays	11	Stevenage	44.54	DQ
---	Georgina Donohoe	11	Forward Hillingdon	53.29	SCR
---	Sophie Masters	11	Ruislip Northwood Swim Squad	46.00	SCR
---	Sofie Cacoyannis	11	Barnet Cophall	57.71	SCR

**Event 3 Girls 12 Year Olds 50 SC Meter Backstroke**

	Name	Age	Team	Seed Time	Finals Time
1	Lauren Chapple	12	Barnet Cophall	32.79	33.11
2	Alice Pearson	12	Barnet Cophall	34.22	33.61
3	Charlotte Henson	12	City of St Albans	34.78	36.50
4	Philippa Hardy	12	Barnet Cophall	36.51	36.56
5	Sophie Connor	12	Potters Bar	37.46	37.37
6	Tria Lawrence	12	Ruislip Northwood Swim Squad	38.10	37.53
7	Jutikan Konguanruan	12	Ruislip Northwood Swim Squad	37.60	38.26
8	Ella Harding	12	Teddington	37.85	38.42
9	Chloe Bingham	12	Ruislip Northwood Swim Squad	41.77	38.52
10	Louise Hughes	12	Stevenage	39.00	39.17
11	Tara Mead	12	Ruislip Northwood Swim Squad	42.17	40.54
12	Lauren Rigby	12	City of St Albans	43.82	41.61
---	Rachel Morton	12	Barnet Cophall	47.24	SCR

**Event 3 Girls 13 Year Olds 50 SC Meter Backstroke**

	Name	Age	Team	Seed Time	Finals Time
1	Polly Kemp-King	13	Hounslow Hurricanes	35.55	36.26
2	Lottie Hudson	13	Barnet Cophall	36.16	37.10
3	Katie Heasman	13	Stevenage	45.79	39.08
4	Zahra Legris	13	Ruislip Northwood Swim Squad	38.90	39.55
5	Emily Dempsey	13	Stevenage	42.15	40.60
6	Rosa Lewis	13	Barnet Cophall	42.61	41.65
7	Maxine Moore	13	Stevenage	40.46	41.83
---	Charlotte Bays	13	Stevenage	46.30	DQ
---	Rozanne Nolte	13	Stevenage	53.00	SCR
---	Jessica Jackson-Virk	13	Barnet Cophall	38.54	SCR



**Barnet Cophall Swimming Club 50s Sprint Meet – 15<sup>h</sup> January 2006****Event 4 Boys 9 Year Olds 50 SC Meter Backstroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	David Spicer	9	Stevenage	49.52	45.79
2	Matt Condor	9	Ruislip Northwood Swim Squad	46.39	45.89
3	George Sadler	9	Ruislip Northwood Swim Squad	47.73	46.44
4	Angus King-Davies	9	City of St Albans	48.34	46.63
5	Jamie Richter	9	Barnet Cophall	54.50	47.06
6	Arash Mokaram	9	Barnet Cophall	48.81	48.02
7	Joseph Mileusnic	9	Stevenage	49.27	48.17
8	Henry Jukes	9	Ruislip Northwood Swim Squad	46.00	49.09
9	Matthew Kersey	9	City of St Albans	52.02	49.47
10	Samuel Henson	9	City of St Albans	52.18	49.49
11	Alan Goodman	9	Barnet Cophall	1:05.00	50.63
12	Jamie McPherson	9	Stevenage	54.51	51.54
13	Michael Georgiou	9	Barnet Cophall	1:05.00	52.40
14	Josh Pointer	9	Barnet Cophall	1:05.00	53.62
15	Dino Selmanovic	9	Barnet Cophall	1:05.00	53.81
---	Irfan Kapadia	9	Barnet Cophall	1:05.00	DQ
---	Ben Lewis	9	Forward Hillingdon	1:01.44	SCR

**Event 4 Boys 10 Year Olds 50 SC Meter Backstroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Thomas Worbey	10	Stevenage	40.60	40.30
2	Edward Walker	10	Ruislip Northwood Swim Squad	43.34	42.90
3	Sebastian Feszczur-Hatchett	10	Barnet Cophall	44.73	43.46
4	Curtis Coleman	10	Barnet Cophall	49.56	43.85
5	Adrian Schindler	10	Barnet Cophall	44.22	43.86
6	Matthew Reah	10	Stevenage	46.41	45.11
7	Shalin Gor	10	Barnet Cophall	51.43	47.01
8	Lucas Navarro	10	Ruislip Northwood Swim Squad	46.14	47.76
9	Joe Jackson	10	Barnet Cophall	48.87	49.73
10	Callum Innes	10	Stevenage	57.85	50.24
11	Luke Ames	10	Stevenage	51.02	50.27
12	Kishan Patel	10	Barnet Cophall	1:05.00	58.45
13	Akash Hirani	10	Barnet Cophall	1:02.02	59.05
---	Joseph Simmonds	10	Barnet Cophall	1:05.00	SCR

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---	Sam Lewis	10	Forward Hillingdon	57.64	SCR
---	Jordan Scott	10	Barnet Cophall	1:05.00	SCR
---	Younho Lee	10	City of St Albans	46.87	SCR

**Event 4 Boys 11 Year Olds 50 SC Meter Backstroke**

	Name	Age	Team	Seed Time	Finals Time
1	Oliver Keegan	11	Barnet Cophall	35.54	35.37
2	Naoki Takeda	11	Barnet Cophall	35.95	35.57
3	Michael Fernandes	11	Barnet Cophall	36.60	36.50
4	Edward Allchorne	11	Barnet Cophall	37.96	36.81
5	Jay Munkley	11	Hertsmere Flyers	40.92	39.74
6	Luke Condor	11	Ruislip Northwood Swim Squad	42.50	41.19
7	Lawrence Hall	11	City of St Albans	42.68	41.45
8	Aron Barta	11	Barnet Cophall	42.47	41.61
9	Miran Shah	11	Hertsmere Flyers	44.72	43.14
10	Henry Yau	11	Barnet Cophall	46.05	43.48
11	Hugo Cliff	11	Barnet Cophall	47.21	43.62
12	Manasseh Lai	11	Barnet Cophall	1:05.00	45.08
13	Matthew Costello	11	Stevenage	46.00	45.40
14	Jonathan Ballard	11	Forward Hillingdon	45.80	45.47
15	Hani Legris	11	Ruislip Northwood Swim Squad	43.72	45.53
16	Akil Philip-Forde	11	Barnet Cophall	49.88	46.96
17	Ben Hales	11	Barnet Cophall	1:05.00	50.61
18	Navid Moman	11	Barnet Cophall	55.06	51.01
---	Robert Pope	11	Barnet Cophall	49.63	DQ
---	Luke Pierre-Inkson	11	Forward Hillingdon	55.69	SCR
---	Joshua Gaventa	11	Barnet Cophall	47.96	SCR

**Event 4 Boys 12 Year Olds 50 SC Meter Backstroke**

	Name	Age	Team	Seed Time	Finals Time
1	Ghasem Fathi	12	Barnet Cophall	37.74	34.98
2	Michael Pope	12	Barnet Cophall	37.06	36.93
3	Steven Fish	12	Ruislip Northwood Swim Squad	36.98	37.48
4	Jamie Riley	12	Ruislip Northwood Swim Squad	37.50	38.24
5	Thomas Dean	12	Potters Bar	39.00	38.25
6	Russell Heath	12	Ruislip Northwood Swim Squad	39.32	38.74
7	Michael Proctor	12	Ruislip Northwood Swim Squad	47.00	39.86

**Barnet Cophall Swimming Club 50s Sprint Meet – 15<sup>h</sup> January 2006**

8	Kim Lam Liu	12	Barnet Cophall	41.20	40.79
9	Marco Navarro	12	Ruislip Northwood Swim Squad	41.52	41.28
10	Lewis Taylor	12	Potters Bar	42.96	42.98
11	Sean Yip	12	Barnet Cophall	40.17	43.71
12	Joseph Mahon	12	Stevenage	48.36	46.70
---	Jamie Lewis	12	Forward Hillingdon	54.48	SCR

**Event 4 Boys 13 Year Olds 50 SC Meter Backstroke**

	Name	Age	Team	Seed Time	Finals Time
1	Charlie Boldison	13	Barnet Cophall	32.67	32.47
2	Josh Eddon	13	Barnet Cophall	33.09	32.75
3	Alex Jessop	13	Barnet Cophall	36.12	35.11
4	Lee Evans	13	Barnet Cophall	36.42	35.14
5	Matthew Henson	13	City of St Albans	36.95	35.53
6	James Creager	13	Barnet Cophall	35.87	35.72
7	Devansh Gor	13	Barnet Cophall	41.51	36.93
8	Joel Sands	13	Barnet Cophall	41.51	38.37
9	Rory Scott	13	City of St Albans	41.22	40.24
10	Shaun Dempsey	13	Stevenage	44.00	40.48

**Event 5 Girls 9 Year Olds 50 SC Meter Breaststroke**

	Name	Age	Team	Seed Time	Finals Time
1	Harumi Yagi	9	Barnet Cophall	48.75	43.96
2	Christie Bays	9	Stevenage	47.20	45.23
3	Kate Wilson	9	Ruislip Northwood Swim Squad	48.68	47.54
4	Holly Esson	9	Ruislip Northwood Swim Squad	54.99	50.83
5	Fiona McAndrew	9	Ruislip Northwood Swim Squad	47.00	51.30
6	Hannah Gregory	9	Teddington	51.87	54.23
7	Cara Yates	9	Barnet Cophall	53.24	55.95
8	Jenny Hirst	9	Ruislip Northwood Swim Squad	54.48	56.38
9	Andrea Marshall	9	City of St Albans	57.86	57.06
10	Zoe Bozzard-Hill	9	Teddington	58.76	58.76
11	Jessie McCabe	9	Barnet Cophall	1:15.00	1:00.25
12	Alicia Barnett	9	Barnet Cophall	56.72	1:00.98
13	Amaara Dudhia	9	Barnet Cophall	1:01.17	1:03.08
14	Sophie Peet	9	Barnet Cophall	1:10.61	1:04.06

**Barnet Cophall Swimming Club 50s Sprint Meet – 15<sup>h</sup> January 2006**

15	Eva McCormick	9	Barnet Cophall	1:15.00	1:04.12
16	Samantha Burt	9	Potters Bar	59.00	1:09.24
---	Charlotte Norman	9	Ruislip Northwood Swim Squad	55.80	DQ
---	Emma-Jane Betts	9	Barnet Cophall	1:15.00	DQ
---	Paige Morgan	9	Ruislip Northwood Swim Squad	53.00	SCR
---	Ashleigh Kirs	9	Barnet Cophall	1:05.00	SCR

**Event 5 Girls 10 Year Olds 50 SC Meter Breaststroke**

	Name	Age	Team	Seed Time	Finals Time
1	Risa Kobayashi	10	Barnet Cophall	55.50	45.26
2	Megan Boldison	10	Barnet Cophall	46.21	47.07
3	Nicola Burlingham	10	Barnet Cophall	51.10	48.67
4	Madeleine Tichborne	10	Barnet Cophall	48.00	48.68
5	Saniya Bandey	10	Barnet Cophall	51.62	49.93
6	Emily Dean	10	Barnet Cophall	53.60	49.97
7	Sinead Reading	10	City of St Albans	49.15	51.44
8	Megan Louise Davies	10	Barnet Cophall	53.23	51.91
9	Jessica Devey	10	Barnet Cophall	52.38	52.58
10	Caitlin Archbold	10	Potters Bar	53.25	53.04
11	Nina Harding	10	Teddington	50.83	53.14
12	Siobhan Styles	10	Ruislip Northwood Swim Squad	51.69	53.70
13	Lucy Theobald	10	Potters Bar	56.15	54.65
14	Hathaikan Kongaunruan	10	Ruislip Northwood Swim Squad	53.85	54.73
15	Chloe Kearns	10	Ruislip Northwood Swim Squad	53.87	55.19
16	Laura Durrant	10	Stevenage	1:06.42	55.28
17	Ciara Scott	10	City of St Albans	1:03.79	56.04
18	Abigail Smith	10	Hertsmere Flyers	56.82	58.37
19	Sona Shah	10	Hertsmere Flyers	58.06	59.68
20	Molly Hogan	10	Barnet Cophall	1:15.00	1:00.82
21	Esme Dove	10	Barnet Cophall	1:15.00	1:04.23
22	Gemma Stanbrook	10	Potters Bar	59.00	1:19.78
---	Jasmine Cooper	10	Potters Bar	57.78	DQ
---	Angelina Filippone	10	Barnet Cophall	57.44	SCR
---	Olivia Harpley	10	Barnet Cophall	1:05.35	SCR

**Barnet Cophall Swimming Club 50s Sprint Meet – 15<sup>h</sup> January 2006****Event 5 Girls 11 Year Olds 50 SC Meter Breaststroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Georgia Jackson-Virk	11	Barnet Cophall	41.21	41.71
2	Carina Bays	11	Stevenage	41.05	43.92
3	Emma Stewart	11	Stevenage	42.32	44.21
4	Jo-Anne Zambelli	11	Barnet Cophall	49.30	44.53
5	Abby Livingstone	11	Stevenage	47.86	46.01
6	Tillie Farman	11	Stevenage	45.29	46.68
7	Holly Winfield	11	City of St Albans	47.23	47.40
8	Lauren Yates	11	Barnet Cophall	50.70	47.52
9	Lianne Griffiths	11	Ruislip Northwood Swim Squad	46.46	47.71
10	Jessica Karp	11	Barnet Cophall	53.51	48.22
11	Katie King-Davies	11	City of St Albans	55.84	49.18
12	Gemma Izen	11	Hertsmere Flyers	55.85	50.57
13	Gahyee Lee	11	City of St Albans	49.42	50.73
14	Abigail Sharples	11	City of St Albans	52.69	50.80
15	Grace Simmons	11	City of St Albans	50.37	51.16
16	Holly Craggs	11	Potters Bar	57.11	51.29
17	Bethanni McCabe	11	Ruislip Northwood Swim Squad	53.00	52.64
18	Robyn Hammond	11	Ruislip Northwood Swim Squad	53.69	53.75
19	Amanda Healy	11	Potters Bar	54.73	54.62
20	Hannah Kendall-Troughton	11	Barnet Cophall	54.81	54.82
21	Chantelle Nolte	11	Stevenage	55.00	57.88
22	Christine Oponyo	11	Barnet Cophall	1:02.87	1:01.22
23	Chloe McIntosh	11	Barnet Cophall (Aspire)	1:12.75	1:06.45
---	Heather Gibbons	11	Ruislip Northwood Swim Squad	54.94	SCR
---	Sophie Masters	11	Ruislip Northwood Swim Squad	55.00	SCR
---	Sofie Cacoyannis	11	Barnet Cophall	1:11.49	SCR
---	Georgina Donohoe	11	Forward Hillingdon	1:00.09	SCR

**Event 5 Girls 12 Year Olds 50 SC Meter Breaststroke**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Lauren Chapple	12	Barnet Cophall	37.65	37.67
2	Sophie Connor	12	Potters Bar	40.48	38.71
3	Alice Pearson	12	Barnet Cophall	39.45	40.25
4	Philippa Hardy	12	Barnet Cophall	42.52	42.13

**Barnet Cophall Swimming Club 50s Sprint Meet – 15<sup>h</sup> January 2006**

5	Charlotte Henson	12	City of St Albans	40.58	42.54
6	Kirrily Spires	12	Ruislip Northwood Swim Squad	47.86	42.78
7	Ella Harding	12	Teddington	41.23	43.51
8	Jutikan Konguanruan	12	Ruislip Northwood Swim Squad	42.50	44.28
9	Chloe Bingham	12	Ruislip Northwood Swim Squad	45.95	45.68
10	Lauren Rigby	12	City of St Albans	46.66	47.38
11	Megan Hardy	12	Potters Bar	53.29	51.38
---	Rachel Morton	12	Barnet Cophall	54.12	SCR

**Event 5 Girls 13 Year Olds 50 SC Meter Breaststroke**

	Name	Age	Team	Seed Time	Finals Time
1	Polly Kemp-King	13	Hounslow Hurricanes	40.05	41.38
2	Lottie Hudson	13	Barnet Cophall	40.11	43.11
3	Katie Heasman	13	Stevenage	46.95	43.23
4	Rosa Lewis	13	Barnet Cophall	47.44	45.36
5	Emily Dempsey	13	Stevenage	44.75	46.35
6	Maxine Moore	13	Stevenage	47.18	46.96
7	Charlotte Bays	13	Stevenage	47.20	49.21
---	Rozanne Nolte	13	Stevenage	54.00	SCR
---	Jessica Jackson-Virk	13	Barnet Cophall	40.83	SCR

**Event 6 Boys 9 Year Olds 50 SC Meter Breaststroke**

	Name	Age	Team	Seed Time	Finals Time
1	Fravash Bilimoria	9	Ruislip Northwood Swim Squad	50.00	48.38
2	Jamie Richter	9	Barnet Cophall	50.32	49.95
3	Matt Condor	9	Ruislip Northwood Swim Squad	54.00	52.34
4	Joseph Mileusnic	9	Stevenage	46.30	52.50
5	Samuel Henson	9	City of St Albans	59.26	53.53
6	Lewis Smith	9	Stevenage	58.00	54.55
7	George Sadler	9	Ruislip Northwood Swim Squad	54.85	55.37
8	Michael Georgiou	9	Barnet Cophall	1:15.00	56.48
9	Mitchell Hassen	9	City of St Albans	59.91	57.55
10	Henry Jukes	9	Ruislip Northwood Swim Squad	59.00	57.82
11	Antonio Huang	9	Barnet Cophall	1:10.00	59.06
12	David Spicer	9	Stevenage	1:04.91	59.40
13	Henry Farman	9	Stevenage	1:06.57	59.41
14	Arash Mokaram	9	Barnet Cophall	58.00	1:00.10

**Barnet Cophall Swimming Club 50s Sprint Meet – 15<sup>h</sup> January 2006**

15	Dino Selmanovic	9	Barnet Cophall	1:15.00	1:03.94
16	Josh Pointer	9	Barnet Cophall	1:15.00	1:08.56
---	Alan Goodman	9	Barnet Cophall	1:15.00	DQ
---	Irfan Kapadia	9	Barnet Cophall	1:15.00	DQ
---	Ben Lewis	9	Forward Hillingdon	1:07.65	SCR

**Event 6 Boys 10 Year Olds 50 SC Meter Breaststroke**

	Name	Age	Team	Seed Time	Finals Time
1	Lucas Navarro	10	Ruislip Northwood Swim Squad	45.90	47.00
2	Thomas Worbey	10	Stevenage	50.00	48.86
3	Shalin Gor	10	Barnet Cophall	50.77	49.77
4	Younho Lee	10	City of St Albans	54.10	52.12
5	Matthew Reah	10	Stevenage	56.50	52.80
6	Todd Chadwell	10	Potters Bar	53.26	53.50
7	Edward Walker	10	Ruislip Northwood Swim Squad	56.04	53.60
8	Curtis Coleman	10	Barnet Cophall	54.47	54.24
9	Joe Jackson	10	Barnet Cophall	57.70	54.73
10	Sebastian Feszczur-Hatchett	10	Barnet Cophall	57.28	55.37
11	Jack Jarrett	10	Stevenage	55.50	55.64
12	Dominic Jaques	10	Potters Bar	59.00	1:05.94
13	Kishan Patel	10	Barnet Cophall	1:15.00	1:13.52
---	Akash Hirani	10	Barnet Cophall	1:08.23	DQ
---	Luke Ames	10	Stevenage	1:04.00	DQ
---	Peter Alves-Attree	10	Potters Bar	50.88	NS
---	Sam Lewis	10	Forward Hillingdon	1:16.32	SCR
---	Joseph Simmonds	10	Barnet Cophall	1:15.00	SCR

**Event 6 Boys 11 Year Olds 50 SC Meter Breaststroke**

	Name	Age	Team	Seed Time	Finals Time
1	Naoki Takeda	11	Barnet Cophall	41.16	39.30
2	Edward Allchorne	11	Barnet Cophall	40.02	39.98
3	Oliver Keegan	11	Barnet Cophall	44.21	41.71
4	Henry Yau	11	Barnet Cophall	45.49	42.87
5	Jonathan Tho	11	City of St Albans	53.61	44.60
6	Akil Philip-Forde	11	Barnet Cophall	47.77	46.39
7	Jared Baker	11	Hertsmere Flyers	48.31	46.81

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8	Miran Shah	11	Hertsmere Flyers	47.74	47.64
9	Luke Condor	11	Ruislip Northwood Swim Squad	48.68	47.71
10	Robert Pope	11	Barnet Cophall	57.00	47.73
11	Jay Munkley	11	Hertsmere Flyers	47.13	48.29
12	Aron Barta	11	Barnet Cophall	50.48	49.05
13	Lawrence Hall	11	City of St Albans	50.95	49.68
14	Hugo Cliff	11	Barnet Cophall	51.00	53.51
15	Manasseh Lai	11	Barnet Cophall	1:15.00	55.09
16	Ben Hales	11	Barnet Cophall	1:15.00	1:02.20
17	Navid Moman	11	Barnet Cophall	1:03.50	1:04.80
---	Luke Pierre-Inkson	11	Forward Hillingdon	57.72	SCR
---	Joshua Gaventa	11	Barnet Cophall	58.58	SCR

**Event 6 Boys 12 Year Olds 50 SC Meter Breaststroke**

	Name	Age	Team	Seed Time	Finals Time
1	Kim Lam Liu	12	Barnet Cophall	39.20	38.91
2	Ghasem Fathi	12	Barnet Cophall	42.33	39.46
3	Marco Navarro	12	Ruislip Northwood Swim Squad	39.02	39.63
4	Jonathon Earp	12	Stevenage	43.26	41.95
5	Michael Pope	12	Barnet Cophall	49.64	42.28
6	Sean Yip	12	Barnet Cophall	43.03	44.59
7	Jamie Riley	12	Ruislip Northwood Swim Squad	49.00	45.68
8	Tom Marsland	12	Stevenage	47.00	46.94
9	Joseph Mahon	12	Stevenage	47.07	46.98
10	Steven Fish	12	Ruislip Northwood Swim Squad	44.40	47.20
11	Thomas Dean	12	Potters Bar	49.26	48.10
12	Anthony Manfredi	12	Ruislip Northwood Swim Squad	49.66	48.54
13	Michael Proctor	12	Ruislip Northwood Swim Squad	48.70	48.72
14	Lewis Taylor	12	Potters Bar	51.69	50.85
15	Paul Spicer	12	Stevenage	51.89	52.67
---	Jamie Lewis	12	Forward Hillingdon	59.82	SCR

**Event 6 Boys 13 Year Olds 50 SC Meter Breaststroke**

	Name	Age	Team	Seed Time	Finals Time
1	Charlie Boldison	13	Barnet Cophall	37.68	36.40
2	Matthew Henson	13	City of St Albans	39.48	38.50
3	Lee Evans	13	Barnet Cophall	41.05	38.64



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4	Josh Eddon	13	Barnet Cophall	41.00	39.24
5	Alex Jessop	13	Barnet Cophall	42.00	41.23
6	Shaun Dempsey	13	Stevenage	41.50	41.32
7	James Creager	13	Barnet Cophall	42.21	41.43
8	Devansh Gor	13	Barnet Cophall	48.84	42.22
9	Rory Scott	13	City of St Albans	41.90	42.40
10	Joel Sands	13	Barnet Cophall	48.84	46.69

**Event 7 Girls 9 Year Olds 50 SC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time
1	Harumi Yagi	9	Barnet Cophall	36.29	34.63
2	Kate Wilson	9	Ruislip Northwood Swim Squad	42.00	35.88
3	Holly Esson	9	Ruislip Northwood Swim Squad	39.98	37.52
4	Christie Bays	9	Stevenage	37.10	38.01
5	Hannah Gregory	9	Teddington	39.40	40.20
6	Zoe Bozzard-Hill	9	Teddington	39.39	40.26
7	Alicia Barnett	9	Barnet Cophall	43.63	40.95
8	Fiona McAndrew	9	Ruislip Northwood Swim Squad	38.00	41.37
9	Jenny Hirst	9	Ruislip Northwood Swim Squad	40.14	41.83
10	Georgia Hazel	9	Stevenage	50.20	42.71
11	Andrea Marshall	9	City of St Albans	46.27	42.77
12	Charlotte Norman	9	Ruislip Northwood Swim Squad	42.51	43.49
13	Mackenzie Rigby	9	City of St Albans	46.98	44.33
14	Cara Yates	9	Barnet Cophall	46.18	46.75
15	Eva McCormick	9	Barnet Cophall	1:01.36	47.63
16	Sophie Barber	9	Potters Bar	49.00	50.09
17	Sophie Peet	9	Barnet Cophall	59.49	50.96
18	Emma-Jane Betts	9	Barnet Cophall	1:00.00	51.80
19	Jessie McCabe	9	Barnet Cophall	1:00.00	52.65
20	Samantha Burt	9	Potters Bar	49.00	53.34
21	Amaara Dudhia	9	Barnet Cophall	57.61	55.17
---	Paige Morgan	9	Ruislip Northwood Swim Squad	43.00	SCR
---	Ashleigh Kirs	9	Barnet Cophall	48.12	SCR

**Barnet Cophall Swimming Club 50s Sprint Meet – 15<sup>h</sup> January 2006****Event 7 Girls 10 Year Olds 50 SC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Megan Boldison	10	Barnet Cophall	34.33	32.22
2	Madeleine Tichborne	10	Barnet Cophall	35.58	34.52
3	Megan Louise Davies	10	Barnet Cophall	36.13	35.29
4	Olivia Simmons	10	Ruislip Northwood Swim Squad	37.00	35.45
5	Emily Dean	10	Barnet Cophall	35.88	35.48
6	Chloe Beard	10	City of St Albans	43.07	35.77
7	Nicola Burlingham	10	Barnet Cophall	36.10	35.89
8	Siobhan Styles	10	Ruislip Northwood Swim Squad	37.38	36.25
9	Risa Kobayashi	10	Barnet Cophall	45.95	36.29
10	Jasmine Cooper	10	Potters Bar	38.94	37.73
11	Kristina Smith	10	City of St Albans	38.57	37.98
12	Sinead Reading	10	City of St Albans	38.08	37.99
13	Chloe Kearns	10	Ruislip Northwood Swim Squad	38.56	38.52
14	Stephanie Moyles	10	Barnet Cophall	44.20	39.67
15	Nina Harding	10	Teddington	39.81	39.80
16	Caitlin Archbold	10	Potters Bar	41.92	40.07
17	Hathaikan Kongaunruan	10	Ruislip Northwood Swim Squad	39.00	40.29
18	Lucy Theobald	10	Potters Bar	41.46	40.45
19	Jessica Devey	10	Barnet Cophall	38.31	40.48
20	Laura Durrant	10	Stevenage	41.56	40.52
21	Saniya Bandey	10	Barnet Cophall	44.78	41.86
22	Abigail Smith	10	Hertsmere Flyers	41.29	43.22
23	Sona Shah	10	Hertsmere Flyers	42.29	43.70
24	Ciara Scott	10	City of St Albans	46.72	43.96
25	Molly Hogan	10	Barnet Cophall	1:00.00	49.86
26	Esme Dove	10	Barnet Cophall	1:00.00	50.22
27	Gemma Stanbrook	10	Potters Bar	49.20	51.21
---	Angelina Filippone	10	Barnet Cophall	46.89	SCR
---	Grainne McSweeney	10	Barnet Cophall (Aspire)	55.68	SCR
---	Olivia Harpley	10	Barnet Cophall	48.92	SCR
---	Catriona Bradley	10	Ruislip Northwood Swim Squad	39.00	SCR

**Barnet Cophall Swimming Club 50s Sprint Meet – 15<sup>h</sup> January 2006****Event 7 Girls 11 Year Olds 50 SC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Jo-Anne Zambelli	11	Barnet Cophall	32.13	32.36
2	Georgia Jackson-Virk	11	Barnet Cophall	33.58	33.44
3	Gahyee Lee	11	City of St Albans	33.32	33.79
4	Carina Bays	11	Stevenage	35.00	34.55
5	Jessica Karp	11	Barnet Cophall	39.83	35.70
6	Katie King-Davies	11	City of St Albans	44.04	35.94
7	Lauren Yates	11	Barnet Cophall	38.70	36.34
8	Emma Stewart	11	Stevenage	35.46	36.51
9	Grace Coventry	11	Stevenage	39.13	36.90
10	Holly Winfield	11	City of St Albans	36.71	37.00
11	Robyn Hammond	11	Ruislip Northwood Swim Squad	36.89	37.40
12	Marina Ricciarelli	11	Ruislip Northwood Swim Squad	36.00	37.67
13	Abby Livingstone	11	Stevenage	36.14	37.84
14	Lianne Griffiths	11	Ruislip Northwood Swim Squad	37.84	38.10
15	Amanda Healy	11	Potters Bar	38.15	38.15
16	Abigail Sharples	11	City of St Albans	38.27	38.17
17	Bethanni McCabe	11	Ruislip Northwood Swim Squad	36.80	38.19
18	Grace Simmons	11	City of St Albans	38.23	38.42
19	Tillie Farman	11	Stevenage	41.08	39.15
20	Gemma Izen	11	Hertsmere Flyers	41.86	39.27
21	Holly Craggs	11	Potters Bar	43.37	41.57
22	Chantelle Nolte	11	Stevenage	45.00	42.05
23	Hannah Kendall-Troughton	11	Barnet Cophall	40.32	42.19
24	Christine Oponyo	11	Barnet Cophall	48.25	43.16
25	Anushka Patel	11	Barnet Cophall (Aspire)	45.06	43.56
26	Chloe McIntosh	11	Barnet Cophall (Aspire)	44.72	59.08
---	Georgina Donohoe	11	Forward Hillingdon	41.63	SCR
---	Heather Gibbons	11	Ruislip Northwood Swim Squad	39.31	SCR
---	Sofie Cacoyannis	11	Barnet Cophall	45.53	SCR
---	Sophie Masters	11	Ruislip Northwood Swim Squad	38.00	SCR

**Event 7 Girls 12 Year Olds 50 SC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Lauren Chapple	12	Barnet Cophall	29.86	30.33

**Barnet Cophall Swimming Club 50s Sprint Meet – 15<sup>h</sup> January 2006**

2	Philippa Hardy	12	Barnet Cophall	31.49	30.83
3	Alice Pearson	12	Barnet Cophall	31.02	30.91
4	Sophie Connor	12	Potters Bar	30.80	31.37
5	Charlotte Henson	12	City of St Albans	31.66	31.79
6	Ella Harding	12	Teddington	31.16	32.50
7	Chloe Bingham	12	Ruislip Northwood Swim Squad	33.48	33.29
8	Jutikan Konguanruan	12	Ruislip Northwood Swim Squad	32.80	33.75
9	Lauren Rigby	12	City of St Albans	34.03	34.81
10	Louise Hughes	12	Stevenage	35.00	35.60
11	Kirrily Spires	12	Ruislip Northwood Swim Squad	37.70	35.78
12	Megan Hardy	12	Potters Bar	39.34	38.65
13	Carmella Phillips	12	Barnet Cophall (Aspire)	44.67	40.03
---	Rachel Morton	12	Barnet Cophall	39.37	SCR

**Event 7 Girls 13 Year Olds 50 SC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time
1	Lottie Hudson	13	Barnet Cophall	30.96	30.14
2	Polly Kemp-King	13	Hounslow Hurricanes	30.67	30.43
3	Katie Heasman	13	Stevenage	30.95	31.77
4	Zahra Legris	13	Ruislip Northwood Swim Squad	31.98	32.62
5	Rosa Lewis	13	Barnet Cophall	35.30	33.61
6	Emily Dempsey	13	Stevenage	32.21	34.26
7	Maxine Moore	13	Stevenage	33.24	34.52
8	Charlotte Bays	13	Stevenage	34.96	37.17
---	Jessica Jackson-Virk	13	Barnet Cophall	33.30	SCR
---	Rozanne Nolte	13	Stevenage	46.00	SCR

**Event 8 Boys 9 Year Olds 50 SC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time
1	Matt Condor	9	Ruislip Northwood Swim Squad	38.29	36.96
2	George Sadler	9	Ruislip Northwood Swim Squad	39.27	38.08
3	Fravash Bilimoria	9	Ruislip Northwood Swim Squad	43.00	38.66
4	Liam Doonan	9	Stevenage	39.50	39.33
5	Jamie Richter	9	Barnet Cophall	44.12	40.35
6	Henry Jukes	9	Ruislip Northwood Swim Squad	42.29	40.80
7	David Spicer	9	Stevenage	44.64	42.37
8	Joseph Mileusnic	9	Stevenage	42.86	42.41

**Barnet Cophall Swimming Club 50s Sprint Meet – 15<sup>h</sup> January 2006**

9	Angus King-Davies	9	City of St Albans	40.98	43.46
10	Antonio Huang	9	Barnet Cophall	50.00	44.25
11	Arash Mokaram	9	Barnet Cophall	43.70	44.60
12	Michael Georgiou	9	Barnet Cophall	1:00.00	44.82
13	Samuel Henson	9	City of St Albans	49.09	44.85
14	Alan Goodman	9	Barnet Cophall	1:00.00	45.12
15	Mitchell Hassen	9	City of St Albans	45.07	45.43
16	Jamie McPherson	9	Stevenage	50.03	46.77
17	Lewis Smith	9	Stevenage	48.00	47.78
18	Dino Selmanovic	9	Barnet Cophall	1:00.00	48.14
19	Josh Pointer	9	Barnet Cophall	1:00.00	48.62
20	Henry Farman	9	Stevenage	1:01.54	49.37
21	Irfan Kapadia	9	Barnet Cophall	1:00.00	50.75
---	Ben Lewis	9	Forward Hillingdon	47.56	SCR

**Event 8 Boys 10 Year Olds 50 SC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time
1	Thomas Worbey	10	Stevenage	34.58	35.11
2	Edward Walker	10	Ruislip Northwood Swim Squad	34.87	35.66
3	Adrian Schindler	10	Barnet Cophall	38.34	38.09
4	Lucas Navarro	10	Ruislip Northwood Swim Squad	36.81	38.22
5	Sebastian Feszczur-Hatchett	10	Barnet Cophall	38.01	38.95
6	Curtis Coleman	10	Barnet Cophall	41.83	39.30
7	Todd Chadwell	10	Potters Bar	39.15	39.33
8	Shalin Gor	10	Barnet Cophall	45.75	39.38
9	Matthew Reah	10	Stevenage	46.56	40.37
10	Younho Lee	10	City of St Albans	45.49	41.14
11	Luke Ames	10	Stevenage	43.87	41.22
12	Jack Jarrett	10	Stevenage	41.80	41.35
13	Joe Jackson	10	Barnet Cophall	44.11	42.22
14	Peter Alves-Attree	10	Potters Bar	43.20	43.04
15	Callum Innes	10	Stevenage	52.51	45.64
16	Kishan Patel	10	Barnet Cophall	1:00.00	48.55
17	Dominic Jaques	10	Potters Bar	50.00	53.10
18	Akash Hirani	10	Barnet Cophall	58.85	57.09

**Barnet Cophall Swimming Club 50s Sprint Meet – 15<sup>h</sup> January 2006**

---	David Phillips	10	Barnet Cophall (Aspire)	51.60	SCR
---	Joseph Simmonds	10	Barnet Cophall	1:00.00	SCR
---	Jordan Scott	10	Barnet Cophall	1:00.00	SCR
---	Sam Lewis	10	Forward Hillingdon	45.23	SCR

**Event 8 Boys 11 Year Olds 50 SC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time
1	Naoki Takeda	11	Barnet Cophall	30.62	29.39
2	Edward Allchorne	11	Barnet Cophall	31.04	30.47
3	Oliver Keegan	11	Barnet Cophall	31.52	30.69
4	Jay Munkley	11	Hertsmere Flyers	32.98	32.95
5	Michael Fernandes	11	Barnet Cophall	34.04	33.16
6	Lawrence Hall	11	City of St Albans	34.03	34.91
7	Luke Condor	11	Ruislip Northwood Swim Squad	33.53	35.02
8	Aron Barta	11	Barnet Cophall	34.42	35.68
9	Henry Yau	11	Barnet Cophall	39.89	36.03
10	Robert Pope	11	Barnet Cophall	45.34	36.36
11	Hugo Cliff	11	Barnet Cophall	40.41	36.82
12	Jared Baker	11	Hertsmere Flyers	37.63	37.37
13	Miran Shah	11	Hertsmere Flyers	36.63	37.42
14	Hani Legris	11	Ruislip Northwood Swim Squad	37.23	37.88
15	Jonathan Ballard	11	Forward Hillingdon	38.50	37.96
16	Akil Philip-Forde	11	Barnet Cophall	38.96	38.71
17	Matthew Costello	11	Stevenage	38.07	38.75
18	Manasseh Lai	11	Barnet Cophall	1:00.00	40.09
19	Ben Hales	11	Barnet Cophall	1:00.00	40.75
20	Navid Moman	11	Barnet Cophall	43.73	44.22
---	Joshua Gaventa	11	Barnet Cophall	46.61	SCR
---	Luke Pierre-Inkson	11	Forward Hillingdon	47.24	SCR

**Event 8 Boys 12 Year Olds 50 SC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time
1	Jonathon Earp	12	Stevenage	32.96	31.01
2	Ghasem Fathi	12	Barnet Cophall	32.80	31.92
3	Michael Proctor	12	Ruislip Northwood Swim Squad	32.00	32.29
4	Michael Pope	12	Barnet Cophall	35.47	32.42
5	Thomas Dean	12	Potters Bar	33.51	32.81

**Barnet Cophall Swimming Club 50s Sprint Meet – 15<sup>h</sup> January 2006**

6	Marco Navarro	12	Ruislip Northwood Swim Squad	32.15	33.01
7	Kim Lam Liu	12	Barnet Cophall	33.03	33.11
8	Steven Fish	12	Ruislip Northwood Swim Squad	32.27	33.24
9	Jamie Riley	12	Ruislip Northwood Swim Squad	33.34	33.54
10	Russell Heath	12	Ruislip Northwood Swim Squad	33.04	33.86
11	Chris Harrison	12	Ruislip Northwood Swim Squad	35.91	35.03
12	Tom Marsland	12	Stevenage	38.30	35.72
13	Sean Yip	12	Barnet Cophall	36.03	36.29
14	Lewis Taylor	12	Potters Bar	36.51	37.37
15	Paul Spicer	12	Stevenage	39.66	37.76
16	Anthony Manfredi	12	Ruislip Northwood Swim Squad	40.81	39.45
17	Joseph Mahon	12	Stevenage	42.56	40.73
---	Jamie Lewis	12	Forward Hillingdon	45.25	SCR

**Event 8 Boys 13 Year Olds 50 SC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time
1	Charlie Boldison	13	Barnet Cophall	27.96	27.98
2	Matthew Henson	13	City of St Albans	28.65	29.70
3	Lee Evans	13	Barnet Cophall	30.29	29.90
4	Josh Eddon	13	Barnet Cophall	31.20	29.94
5	James Creager	13	Barnet Cophall	30.11	30.06
6	Alex Jessop	13	Barnet Cophall	30.36	30.17
7	Adam Theobald	13	Potters Bar	30.59	31.09
8	Rory Scott	13	City of St Albans	33.01	32.99
9	Shaun Dempsey	13	Stevenage	33.50	33.17
10	Joel Sands	13	Barnet Cophall	36.68	33.28
10	Devansh Gor	13	Barnet Cophall	36.97	33.28